

Would You Rather...

Bedtime Conversation Starters

Start a bedtime conversation with your child and open up a whole new dialogue.

With your thoughtful guidance, our conversation-starters can help your child open up about their feelings. These seeds can help you steer the conversation to important topics like self-esteem, worries about what others might say, going on sleepovers and other things your child might be struggling with.

Or just keep it light with silly things like the most awesome superpowers!

Be known for how brave you are or how popular you are?

Snack on something salty or something sweet?

Have superpowers to be invisible or superpowers to fly?

Do the dishes or walk the dog?

Have a sleepover at your own house or stay over at a friend's?

Be perfectly comfy or perfectly happy?

Be the star of art class or the star of gym class?

Win the game or have fun along the way?

Be a happy dog or a brave mountain lion?

Wear boxers or briefs?

Have the most friends or have the nicest friends?

Be the first to learn something new or be really good at it once you get the hang of it?



Helpful hint: Don't be too quick to get to the "right" answer!

GoodNites
Brand